

Country	Lockdown severity rating (0 – 100) ¹ and timetable	Travel and quarantine restrictions	Childcare and education restrictions	Level of work-related financial support for employers	Forced business closures	Workplace restrictions and guidance	Self-isolation measures	Special protection from dismissal
Poland Updated: 10 February 2021	High - 71	Severe	Moderate	Low	Severe	Moderate	Moderate	Yes
	The entire territory of Poland is currently subject to restrictions.	Restrictions relating to plane travel (mainly international) are in place, but subject to frequent change. International train travel also restricted. 10-day quarantine for any non-EU/EFTA citizen entering Poland (unless negative test presented on arrival).	Kindergartens and nurseries are allowed to open, subject to local authority approval. Some schools opened from 18 January. Currently no information about whether schools will continue with remote classes.	New, limited financial support has been introduced for certain businesses. Limited social security relief schemes available to businesses affected by downtime (i.e. applicable only for certain sectors).	Cinemas, gyms, pubs and music venues are closed, and exhibitions called off. Restaurants can open for delivery and takeaway only. Shopping malls opened, subject to sanitary restrictions. Hotels available only for business travel. Cinemas and theatres open on “probationary” basis.	Offices and workplaces generally open, subject to complying with health and safety guidelines. Click here for official government guidance on social distancing measures.	Two levels of self-isolation: (1) Quarantine – contact with someone who is COVID-positive, unconfirmed symptoms of COVID, non-EU foreigners entering Poland – up to 10 days; (2) Isolation – anyone who has tested positive for COVID – at least 13 days.	Yes, employees protected from dismissals on economic grounds (e.g., liquidation of employee’s position) for the duration of state financial support. Dismissals on grounds of employee’s underperformance or misconduct are not restricted.